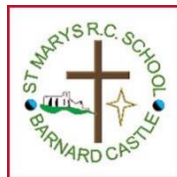


Sports Action Plan - Updated July 2019



Use of Primary PE and School Sport Premium Grant

at St. Mary's RCVA Primary School

In 2019-2020 (financial year), St. Mary's RC Primary School received **£16820** Primary PE & School Sport Premium. This will be used in conjunction with other grants and funds from the school budget to raise standards in curriculum **Physical Education, School Sport, Physical Activity** and Healthy living (PESSPA).

Vision: ALL pupils leaving primary school **physically literate** and with the **knowledge, skills and motivation** necessary to equip them for a **healthy, active lifestyle** and **lifelong participation** in physical activity and sport.

Objective: To build **capability** within school and achieve **self-sustaining improvement** in the **quality** of PE and Sport in primary schools against the 5 key grant condition indicators:

1. the engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles. Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.
2. the profile of PE and sport being raised across the school as a tool for whole school improvement
3. increased confidence, knowledge and skills of all staff in teaching PE and sport
4. broader experience of a range of sports and activities offered to all pupils
5. increased participation in competitive sport

School and Subject Priorities:

- a) Improve children's resilience and sportsmanship in competitive environments.
- b) Celebrate sport and physical activity around school, promoting the health benefits as well as the enjoyment that can be gained.
- c) Ensure all pupils take part in physical activity for a total of at least 30 minutes per day while at school.
- d) Provide a broad range of activities for all children and increase their awareness of the rules and nature of these.
- e) Deliver high-quality PE lessons with confident and skilled staff.

NB:

The following **PESSPA Development Plan** includes all planned and continued actions to support the schools PESSPA programme and its vision, building upon previous achievements and sustaining the most valued approaches that support positive pupil outcomes.

This action plan runs through school academic years beginning 2018-19 and continues in to 2019-20 academic year, bridging the financial year 19-20. It is therefore ongoing, subject to change and review throughout the academic year and beyond, to make most impact. New updates will be added in consultation with SLT and after review and scheduled moderation. Some actions may be RAG rated to support self-review and a Health Check may be supported from the County Advisors.

Costs are estimated where possible and **actual spend** recorded when known.

This development plan will also include (and state clearly) actions and areas not funded directly from the PE & Sports Premium grant (free or other) to support a move towards a **self-sustaining** approach. It runs across financial years to support academic yearly development- Also **See our School PE and School Sports Premium Budget-ledger for any further specific cost breakdown.**

The Primary PE and Sport Premium spend IMPACT will be finalised and reported on our school WEB by 31st July 2019. Collated evidence to support impact statements can be found within our PESSPA moderation folders (see our moderation schedule).

Sports Premium Grant Conditions 1-5 School Priority Link A-E	Intent What do we want to achieve?	Implementation How will we achieve it?	How much will we spend?	Impact Green – Evaluated July 19	Sustainability Next Steps/Actions
<p>1. The engagement of <u>all</u> pupils in regular physical activity – kick-starting healthy active lifestyles. Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.</p> <p>C. Ensure all pupils take part in physical activity for a total of at least 30 minutes per day while at school.</p>	<p>We would like all children in our school to consistently take part in at least 30 minutes of physical activity a day while they are at school. We recognise the advice issued by the Department of Health and Social Care in their Childhood Obesity Plan - that children should take part in moderate to vigorous intensity physical activity for at least 60 minutes a day, 30 minutes of which should be delivered in school. We share this ambition and want to give the children as many opportunities as possible to meet this target.</p>	<p>The employment of a lunchtime play promoter to encourage all children to take part in physical activity in a respectful, enjoyable and responsible manner. The play promoter will use equipment already within school.</p> <p>Daily 5-10 minute ‘Wake up, Shake up’ sessions across the school within individual classes, involving dance and other synchronised movements.</p> <p>Kyle Swankie, of Swankie Sports, to come in one lunchtime per week to deliver an organised sports session for any children interested while on their lunchtime break.</p> <p>Membership of the Staindrop Academy Primary PE Cluster will see one of their fully qualified PE coaches come in to school to deliver one hour of high-quality PE with one class per half term. They will also hold an area competition at the end of the half term</p>	<p>£2838 + £7467 on resources</p> <p>Free</p> <p>£1265</p> <p>£2750</p>	<p>The children can now recognise that they are taking part in more moderate to vigorous intensity physical activity daily because of an increased number of opportunities, and be able to explain why they are doing so. The number of behaviour related incidents has dropped by over 50% due to the lunchtime play assistants role encouraging positivity, respectful physical group activities such as collaborative den building and team building games.</p> <p>The number of children taking part in moderate to vigorous intensity physical activity for 30 minutes per day has increased due to the</p>	<p>Membership of the Staindrop Academy PE Cluster will continue as it goes from strength to strength. This will account for a significant part of the budget.</p> <p>Monitoring of ‘Wake up, Shake up’ sessions will be ongoing to ensure all staff are confident in delivering these and resources for these are widely available to suit all ages.</p> <p>The effectiveness and practicality of the Daily Mile will be monitored and tweaked to ensure it is fulfilling its purpose.</p>

		<p>for the relevant class and a festival for another class.</p> <p>Introduction of the 'Daily Mile' whereby children are challenged to travel a mile each day, ideally by jogging or running, but can also walk.</p> <p>Links to be made with the local cricket club, Barnard Castle Cricket Club, and a coach from the club to come in to deliver one hour of Cricket coaching a week in the Owls (Year 5/6) class.</p>		richer, broader range of skill based activities.	
<p>2. The profile of PE and sport being raised across the school as a tool for whole school improvement.</p> <p>B. Celebrate sport and physical activity around school, promoting the health benefits as well as the enjoyment that can be gained.</p>	<p>We want to raise the profile of PE and sport across school to encourage participation and showcase all of the benefits and opportunities available through physical activity. We would like to do this through visual reminders and prompts, opportunities to take part in physical activity, whether competing or organising, as well as celebrations of participation and success.</p>	<p>Kyle Swankie, of Swankie Sports, to come in one lunchtime per week to deliver an organised sports session for any children interested while on their lunchtime break.</p> <p>The employment of a lunchtime play promoter to encourage all children to take part in physical activity in a respectful, enjoyable and responsible manner. The play promoter will use equipment already within school.</p> <p>PE Coordinator to use 'Junior Club Contacts' poster for the County Durham area to survey sports and activities children would be</p>	<p>£1265</p> <p>£2838</p>	<p>Children are aware of the wider opportunities available to take part in physical activity, have an improved knowledge of opportunities within their local area and the PE schedule within school.</p> <p>72 % of children attend sports clubs outside of school.</p> <p>Childrens individual interests in sports within the community were shared with</p>	<p>Liaison with Kyle Swankie around effectiveness of sessions and encourage full participation across the school targeting those reluctant to participate.</p> <p>Liaison with lunchtime play promoter around varying the activities around the interests of our children.</p> <p>PE Coordinator to continue to update PE display on a half termly basis and use a</p>

		<p>interested in trying outside of school. PE Coordinator will then send children home with contact details for clubs so parents/carers have the option to initiate contact. With regard to this Sports Premium Grant condition, the profile will be raised by spreading awareness of a variety of activities.</p> <p>PE Coordinator to continually update PE display which will contain details of the Staindrop PE Cluster lessons as well as their competitions and festivals. This display will also include information around regional, national and international sporting events relevant to the time of year.</p>		<p>parents via an individualised card to encourage participation and communication between the parent and child relating to possible opportunities and experiences outside of school. Comments from parents on the end of term questionnaire tell us that this was greatly appreciated and valuable.</p>	<p>half termly survey to monitor children's activity levels in and out of school, as well as any further activities children would like to explore.</p>
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<p>3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.</p> <p>E. Deliver high-quality PE lessons with confident and skilled staff.</p>	<p>We want to ensure that all teaching staff, including Teaching Assistants, can confidently deliver high-quality PE sessions. This extends to cover and supply staff so that they can competently teach a lesson when necessary without any need for long discussions or advice from permanent teaching staff. As part of this, we want our staff to be able to challenge all pupils and enable them to make good progress while being able to adapt to different scenarios that may arise in sessions.</p>	<p>CPD from Kate Stephenson, the Education Development Adviser for Physical Education in County Durham. Kate is a tutor for the Real PE scheme which we have purchased as a school.</p> <p>Planned CPD sessions from Staindrop PE Cluster, to start in Autumn 2019.</p>	<p>Not known</p> <p>Part of a £2750 outlay</p>	<p>To be reviewed at the end of Autumn after CPD has taken place.</p>	<p>Monitoring of how upskilling from Kate Stephenson is having an impact in PE lessons by PE Coordinator and HT.</p> <p>Assessment of skills of staff through lesson observations and dedicated staff meetings. To establish whether further CPD sessions are needed through Staindrop PE Cluster after Autumn 2019.</p>
<p>4. Broader experience of a range of sports and activities offered to all pupils.</p> <p>D. Provide a broad range of activities for all children and increase their awareness of the rules and nature of these.</p>	<p>We want the children at our school to experience a broad spectrum of activities and give them the freedom to explore these in a safe and pressure-free environment. We would also like them to be able to pursue these activities inside and outside of school if they wish to. We recognise that all children have different skills and interests and are intent on</p>	<p>PE Coordinator to use 'Junior Club Contacts' poster for the County Durham area to survey sports and activities children would be interested in trying outside of school. PE Coordinator will then send children home with contact details for clubs so parents/carers have the option to initiate contact. With regard to this Sports Premium Grant condition, the profile will be raised by spreading awareness of a variety of activities.</p>		<p>Children enjoyed the increased options available to them and felt comfortable taking part. This is evidenced as 67% of our children took part in sporting after school clubs. We offered a greater number of activities for example Taekwondo within school compared to the last academic year.</p>	<p>Monitoring of uptake of after school activities and use of equipment and resources bought for lunch and break times.</p> <p>Monitoring through pupil voice and parent feedback of any other interests that children have which could be offered as part of an after school club to encourage those who have</p>

	ensuring that all children participate in activities they enjoy and have the tools to be successful in.	<p>A varied and balanced after-school club programme which changes every half term and takes in to account staff skills and backgrounds.</p> <p>Purchase of equipment to promote different activities during PE lessons and at break and lunch times. For example, crates and other building materials as well as skipping ropes and badminton equipment.</p>	£7467 on resources		<p>not accessed the after school clubs to get involved.</p> <p>Explore options available within the local area such as the Hub to offer water-based sports.</p>
<p>5. Increased participation in competitive sport.</p> <p>A. Improve children's resilience and sportsmanship in competitive environments.</p>	<p>We recognise the importance of healthy competition and the transferrable skills that can be developed as part of a competitive environment. In teaching the children that perseverance and hard work contribute to success and that lessons and benefits can be taken from falling short of winning the top prize, we believe the children need to experience competing against others.</p> <p>When observed, children will show grace when losing and respect opponents, regardless of position or their actions. Also, we will</p>	<p>Membership of the Staindrop Academy Primary PE Cluster includes a competition at the end of each half term for one class. This is the class who receives one high-quality PE lesson a week from the cluster coach. The competition is attended by other members of the cluster, the number of which stood at 14.</p> <p>PE Coordinator to organise intra-house competitions in a variety of activities at regular intervals across the year.</p> <p>Ongoing reminders and demonstrations from staff at lunch and break times when children set up their own competitive games as to</p>	<p>£2750</p> <p>+</p> <p>£1500 for travel</p> <p>+</p> <p>£1000 for supply cover</p>	<p>Comments received from Staindrop cluster organisers, staff from other local schools and their parents regarding the sportsmanship demonstrated by St Mary's pupils evidence positive sportsmanship.</p>	<p>Monitoring of children who are attending the Staindrop PE Cluster competitions.</p> <p>PE Coordinator to carefully consider intra-house competitions to ensure all children have equal opportunity to be successful and can participate to the best of their ability.</p> <p>All children to take part in intra-house competitions, each child to attend at least 1 out of the 2 competitions organised by the Staindrop</p>

	witness children showing determination and perseverance when losing rather than accepting defeat and not contributing maximum effort to the task	how to behave respectfully and play to the laws of the game.			PE Cluster through the year.
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