

St Osmund's Catholic Church, Gainford

Diocese of Hexham and Newcastle

Parish Priest: Father Ian Grieves Tel: 01325 730191

Website: www.stosmunds.co.uk e-mail: enquiries@stosmunds.co.uk

Hogarth Partnership

St Anne, St Augustine, St Mary, St Osmund, St Teresa, St Thomas Aquinas, SS William & St Francis De Sale

Please remember in your prayers

The sick of the parish: Christopher Smith, Irene Mulholland, Elizabeth Leeman, Cath Simpson, Patrick Doherty, Julie Hall, Joan Towers, Toni Neville and Fr. Wilfred Elkin.

All healthcare professionals and key workers who are putting themselves at risk as they attend to the needs of other people.

All who are being impacted by the economic crisis caused by the pandemic.

Children's Liturgy

A Children's liturgy from Cafod for this Sunday can be found on our website.

www.stosmunds.co.uk

Cafod do a live Children's Liturgy at 10.00am on Sundays. Register at <https://cafod.org.uk/Education/Children-s-liturgy>.

You might also like to try the following site for a Children's Liturgy. It is hosted by a Primary School teacher from the Dunkeld diocese in Scotland. [Click here](#)

Please keep sending in pictures and letters from the Children's Liturgy to Fr. Grieves or e-mail: enquiries@stosmunds.co.uk

Bishop Hogarth Catholic Education Trust - Family Spiritual Resources

This is an excellent site that links many of the Secondary and Primary Schools in our area. It includes resources such as Daily Prayer and activities for pupils.

<https://liturgy.bishophogarthcet.org.uk>

A Family Act of Spiritual Communion can be found on our website

www.stosmunds.co.uk

The 14th Sunday of Ordinary Time

Theme: Humility

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Matthew 11:28-30



Reopening of Churches - Next Steps

The government decision that churches can reopen for public worship from July the 4th will not mean that there will be a return to normality overnight. This week, the Catholic Bishops of England and Wales have sent additional guidance on reopening to every diocese. There is a precondition that churches are able to meet the requirements for opening for individual prayer prior to opening for worship. Cardinal Vincent Nichols said:

"It is important that we continue to abide by the guidance, given by the Government, on appropriate social distancing and the other measures to avoid all unnecessary risk."

In Our Diocese

The diocese of Hexham and Newcastle has begun a gradual rolling programme of reopening churches. A detailed Risk Assessment will be carried out by the diocese in every parish with a limited number added each week.



In St. Osmund's

As with all parishes we will have to wait until we have notice from the diocese that they will be coming to carry out a risk assessment. In the meantime, the Parish Council has been working

on an Action Plan with the intention of being able to move quickly following any go-ahead from the diocese.

There will not be a return to pre-lockdown 'normality.' Numbers will be limited to ensure safe social distancing. Cardinal Vincent Nichols has said that it will be important that congregations

"understand the part they are to play in protecting each other from any remaining risk of infection."

We will require additional volunteers to act as stewards to help people understand the 'new normal' in church and the church will require additional cleaning before and after prayer or worship.

And that's where you come in! If you are able and willing to act as a volunteer please send an expression of interest to our e-mail address enquiries@stosmunds.co.uk and you will be sent additional details.

Thank you

Food Banks

The Well: 46 East Green, West Auckland. DL14 9HJ. Opening times: Tuesday and Friday 9.00 -12.00 noon

Kings Food Bank: King's Church, Prospect Place, Whessoe Rd., Darlington. DL3 0QT Opening times: Mon, Wed, Fri, 1pm -3pm

St. Columba's: St Columba's Church, Clifton Ave., Darlington DL1 5EE. Opening time: Fri 1pm -3pm.

If you happen to be passing, items may be left at the Foodbanks during their opening times or placed in St. Osmund's Church porch. **Please do not make any unnecessary journeys.**

Stay Safe

Offertory

If you wish to make your donations directly to St.

Osmund's. Bank account the

details are: **HSBC St. Osmund's**

Account No. 41164015

Sort Code 40-34-18

This is the only account for donations to St. Osmund's.

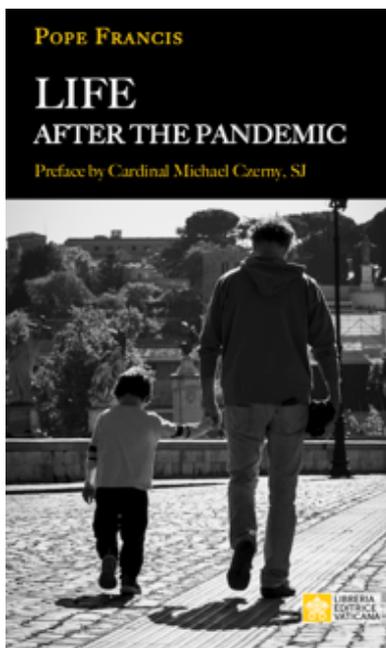


Thank you to all who, in the absence of our usual weekly Offertory collections, have used the parish bank details in this Bulletin to continue their contributions. It is much appreciated.

Thanks also to those who have continued with their regular standing orders. These are simple and secure ways of making an offering to the parish. If you wish to save your offerings until we return to church, this is also ok.

Remember: there is no need to drop your offerings off at Church.

Vacancy: The Diocese of Hexham and Newcastle has the following vacancy: Department for Education, Administrator (maternity cover) For further information and details of how to apply please visit our website www.rcdhn.org.uk or contact us on 0191 243 3301



The Vatican Publishing House has released a free eBook, "Life After the Pandemic", a collection of interventions by Pope Francis, with a preface by Cardinal Michael Czerny, to reflect on the vision of the world that is emerging after the pandemic and to which we are called to accompany.

'Now, while we are looking forward to a slow and arduous recovery from the pandemic, there is a danger that we will forget those who are left behind. The risk is that we may then be struck by an even worse virus, that of selfish indifference. A virus spread by the thought that life is better if it is better for me, and that everything will be fine if it is fine for me. It begins there and ends up selecting one person over another, discarding the poor, and sacrificing those left behind on the altar of progress. The present pandemic, however, reminds us that there are no

differences or borders between those who suffer. We are all frail, all equal, all precious.'

You can read the full e-book by going to our website: www.stosmunds.co.uk

or download from the diocesan website www.rcdhn.org.uk [Click here](#)

Live streamed services this week include:

Hogarth Partnership: from St. Augustines at 9.15 am; on their Facebook page: www.facebook.com/staugustineschurchdarlington

Diocese of Hexham and Newcastle: Daily mass and other services throughout the diocese: www.rcdhn.org.uk

Walsingham live: www.walsingham.org.uk

Vatican <https://www.youtube.com/channel/UCxIsefy19g9A5SGWA4FvGIA>

UCxIsefy19g9A5SGWA4FvGIA

Other Churches throughout the UK and Ireland:

www.churchservices.tv/whats-on-now

Little Sisters of the Poor:

Have launched a vital fundraising appeal, in response to the increased pressures faced by St. Joseph's Care Home during the current Covid 19 pandemic. This is the home that looked after Fr. Melia. To find out how you can help, go to the diocesan website www.rcdhn.org.uk or follow this link. [Click here](#)

Cafod Emergency Appeal Covid 19

While we are not able to hold physical collections in our church, you can donate as individuals at cafod.org.uk/coronavirusappeal



Are you thinking about becoming a Catholic?

You can get in touch via e-mail at adminfaith.mission@diocesehn.org.uk or

Telephone: 07375934713

Readings for: The 14th Sunday of Ordinary Time - 5th July

In the Catholic tradition, a Homily, interprets the readings, shining a light on the present and asking each one of us what we must change in our lives, from today. The challenge is not so much about recounting the history or retelling the story, but living the gospel.

First reading Zechariah 9:9-10**See now, your king comes humbly to you**

The Lord says this: Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem! See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey. He will banish chariots from Ephraim and horses from Jerusalem; the bow of war will be banished. He will proclaim peace for the nations. His empire shall stretch from sea to sea, from the River to the ends of the earth.

Responsorial Psalm: Psalm 144(145):1-2, 8-11, 13b-14**I will bless your name for ever, O God my King.**

I will give you glory, O God my king,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever.

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures.

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God.

The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down.

Second reading Romans 8:9,11-13**If by the Spirit you put an end to the misdeeds of the body, you will live**

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

Gospel Acclamation Mt11:25

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth,
for revealing the mysteries of the kingdom
to mere children. Alleluia!

Gospel Matthew 11:25-30**You have hidden these things from the wise and revealed them to little children**

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him. 'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

'Come to me, all you who labour and are overburdened and I will give you rest. Shoulder my yoke and learn from me.. .' At the time of Jesus a yoke was a wooden harness that was used for oxen to get them to pull a cart or plough together as a pair. It was to prevent them from pulling away from each other. Jesus is inviting us to take his yoke on our shoulders. This will make it easier for us to walk where he walks without too much stress or strain – it keeps us together. This is meant to take and lift some of the weight and stress from our shoulders. Literally, Jesus is offering to 'shoulder' our problems and difficulties; we are not walking with them or carrying them by ourselves. These recent months have put so much stress and strain on all of us because of separation, isolation, social distancing, illness and sadly death. Our usual daily routines and activities were suddenly stopped, even taken from us. Jesus is not asking us to go through any of this on our own. He wants to walk with us by our side and wants us to walk with him. As we take up our cross and follow Jesus, he also wants us to shoulder his yoke so that he can support and strengthen us during these difficult days. We are not alone. As we continue to live with the ongoing impact of the virus, can we also hear and accept the invitation that Jesus offers to each of us today and everyday; 'Come to me, all you who labour and are overburdened and I will give you rest.'

Extract from oblates.ie daily reflections

Act of Spiritual Communion

My Jesus, I believe that You are present in the Holy Sacrament of the altar. I love You above all things and I passionately desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my soul. I embrace You as if You were already there and unite myself wholly to You. Never let me be separated from You. Amen.

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No Internet - No Problem**Mass by Phone Service**

During these times when our churches are closed and masses are being streamed online, the Diocese of Middlesbrough have set up a system to allow people who do not have internet access to listen to Mass over the telephone. 12.00 noon. If you would like to access, the telephone number to call is **01642 130120**.

The Vicariate for Faith & Mission are able to provide copies of lockdown prayer resources to those without internet access and contact for those who are thinking about becoming a Catholic. Please contact the Vicariate by ringing 07375 934713,

Counselling and Listening Services

As part of the pastoral care of parishioners and others during this COVID-19 lockdown, a number of qualified counsellors and listeners have generously made themselves available to anyone who may be troubled by the negative effects of the situation. These counsellors and listeners can be contacted through the St Mary's Cathedral Listening Service on 0191 232 6953 and the Northumberland Listening Service on 07732 980740.

Keep in Contact

It is important to keep in touch in these unusual times. Keeping in contact with other parishioners through a telephone call, e-mail, text or social media is a simple way to show that we care. Receiving a call, message or seeing a friendly face on our phone, tablet or computer can be a real tonic. Visit the Parish website for more news and information. www.stosmunds.co.uk Don't forget: If you have any prayer intentions, news, information, questions, or if you have a special birthday or celebration and would like a mention please get in touch. It is important to have the persons authority to do this. Please send a message to: enquiries@st.osmunds.co.uk In particular, let us know if you are aware of anyone who may be feeling isolated or could benefit from some help, by contacting the above e-mail address, or Fr. Grieves on 01325 730191

**Don't forget:**

We will need to have a group of volunteers approved by the diocese to enable us to reopen St Osmund's

Notice from the diocese - Volunteers wanted to support the reopening of churches

To ensure that churches reopen in a safe and timely manner, we will require assistance from you, our parishioners, and therefore we are asking for volunteers. Could you give up some of your time each week to volunteer?

The Diocese has produced guidance for the re-opening of churches and full training will be given.

- If you are in the [clinically extremely vulnerable group](#), you must not volunteer at this time.
- If you are in the [clinically vulnerable group](#) you could be at a higher risk of severe illness from Covid-19.
- For more information please [read page 3 of our handbook for the reopening of churches](#) which includes links to HM Government guidance.

St Osmund's appeal for volunteers We can only open our church with your help. As we return to worship things will be very different. We will need a good pool of volunteers to ensure that we all look after each other and keep safe. Addition volunteers as, Ushers, Welcomers and cleaners for before and after services and prayer will be required.

Please do consider volunteering. If you are interested please reply with an expression of interest to the parish e-mail address: enquiries@stosmunds.co.uk and we will contact you with further information

If you can help please do

**Best wishes for a safe, happy and healthy week.
Until next time**

