

PSHE Links to A Journey In Love (RSE)



Year Group	Journey In Love	DFE Guidance
<p>▪ Year 1</p> <p>Aim: To focus on families and specially growing up in a loving, secure and stable home.</p>	<p>1) Social and Emotional</p> <p>Learning Intention: To recognise the signs that I am loved in my family.</p> <p>1) Physical</p> <p>Learning Intention: To recognise how I am cared for and kept safe in my family.</p> <p>2) Spiritual</p> <p>Learning Intention: To celebrate ways that God loves us and cares for us.</p>	<p>Families and people who care for me</p> <p>Families are important for children growing up because they can give love, security and stability. The characteristics of a healthy family life: commitment to each other, including in times of difficulty, protection and care for children including other family members, the importance of spending time together and sharing each other’s lives.</p> <p>Caring Friendships</p> <p>How important friendships are in making us feel happy and secure, and how people choose and make friends. That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded. How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.</p> <p>Respectful relationships</p> <p>The importance of respecting others, even when they are very different from them, (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs. The conventions of courtesy and manners. The importance of self-respect and how this links to their own happiness. About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help.</p>

		<p>Online Relationships The same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online.</p> <p>Being Safe The importance of respecting others, even when they are very different from them, (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs. What sorts of boundaries are appropriate in friendships with peers and others? The concept of privacy and the implications of it for both children and adults. Not always right to keep secrets. Each person's body belongs to them, understanding the differences between appropriate and inappropriate contact. How to respond safely to adults they may not know.</p>
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